



**THE QUARTERLY NEWSLETTER**  
*St. Peter & St. Paul Orthodox Church*  
**Orthodox Church in America**  
 6980 S. County Line Road—Burr Ridge, IL 60527  
 Fr. Herman Kincaid, Rector



630 323-3525

<http://orthodoxssp.org>

Produced by the adjunct committee on Evangelization, Outreach and Parish Stewardship (EOPS). Our hope is to concentrate on information, people and events. Information should be given to Shirley Bryar, Dorothy Koncel or Fr. Herman. Back copies of all Newsletters can be viewed in our library.

**FALL 2016**

On October 9th, we welcomed Bishop Paul to our church for a very special ceremony, the ordination of David Kenny. Also, the Bishop awarded Father Herman the kamilavka and Deacon John was awarded the double orarion. Both awards are generally given after five years of service. AXIOS, they are worthy and we congratulate them.



**OUR NEWEST DEACON**

On October 9, 2016, during Divine Liturgy, Bishop Paul ordained David Kenny as a Deacon.

Shown: Fr. Herman, Bishop Paul, Deacon David, his wife, Matushka Macrina (Debra), Meghan, and Caleb. So, now we have 3 Deacons: Fr. Dn. John, Fr. Dn. Mark, and Fr. Dn. David, and we have 4 Matushkas: Fr. Herman's wife Jessica and the deacons wives: Julie, Penny, and Debra.

Congratulations to Fr. Dn. David on completing years of religious study. All of our deacons completed their religious studies while working full-time jobs. We salute their dedication and the women who supported their ambitions.

We featured Dave Kenny, as our "Someone you should know in our Summer, 2010 issue. He has served as our Treasurer on the Parish Council, was an altar server, our Web Master, Sunday School teacher, currently teaching the high school group and he is the Youth Group Director.

CHAPLAIN'S CORNER



Chaplain Kincaid & PFC Sutko

“Am I my brother’s keeper?” (Genesis 4:9)

We are heading into the festive Christmas season, a time when most will fill their time with parties, shopping, and fellowship. Thanksgiving, Christmas, New Year’s and other seasonal celebrations are reasons for great joy and festivity. Most people find this time of year to be joyous and bright.

Amid this joyous time, there are many people who struggle to find any joy at all. For many, the winter months bring struggles with depression and anxiety. The most common cause of this depression and anxiety is called Seasonal Affective Disorder. The cause of this disorder is mostly associated with a lack of light: the shorter daytime hours lead to increased depression and anxiety. Other causes are the memories of loved ones who are now asleep in the Lord. These memories, while endearing for most, can be incredibly painful for some who cannot seem to cope with loss. For these people, holidays are anything but joyous, but rather bring great pain and depression.

The above quotation from Genesis is Cain’s answer to God when asked the location of his brother Abel. “Am I my brother’s keeper?” In other words, “Is he my responsibility? Why should I care? Should I care?” The answer to these questions is “Yes!” We are the keepers of our brothers, sisters, friends, fellow parishioners and even strangers. Our responsibility is check on one another, especially during the winter months. We should not assume that all are celebrating the holidays during this season, or even have someone with whom to celebrate. We need to “Bear one another’s burdens, and so fulfill the law of Christ” (Galatians 6:2). This law of Christ is the law of love and concern.

Please make it a priority this season to look after one another. We cannot assume that everyone is full of joy, or even successfully “making it through” each day without pain. Emotional and psychological struggles are genuine illnesses, but showing the love of Christ to one another, bearing each other’s burdens, can give others the strength to make it through this time of year. May the light of our Lord’s love encourage us to be our brother’s keeper.



Got rained out, so we had indoor games and lots of fun. Exceptionally good food. The golfers got to play on another day. Thank you to all who helped make this church fund raiser event so great.



Veterans Day Blessing: We salute those who served our country in uniform: Matthew Adams, Joseph Banchak, John Bogdalik, Bob Ciolino, Alex Demetzsky, Alex Demetzsky II, Ed Dettloff, James Dremak, Mary Ehnatko, Mike Halko, Ken Juhas, Annie Lynch, Peter Mihalkanin, Ervin Mihalko, John Nacik, John Obmascik, Richard Palandech, Charles Pinkowski, Arthur Rawers, Joseph Stefanisin, Nick Sutko, Jon Tsakopoulos, Hans Taulien, David Wanaski. Thank you!



Fr. Herman was asked to appear at the Chicago Veterans Day ceremony. He was the second speaker and also gave the closing Benediction. *Chaplain Herman Kincaid*



**THE MUSIC OF OUR CHURCH**

*A newcomer to our church asked about our music. The experience was new to him, in order to answer the question we read books and talked to our experts, who supplied us with lots of information. Finally, we discovered the most concise answer to the man's question.*

*Thank you to all who helped us find the way. From Wikipedia we present:*

“Orthodox services are sung nearly in their entirety. Services consist in part dialogue between the clergy and the people, often represented by the choir or the Psaltis (Cantor). In each case the prayers are sung or chanted following a prescribed musical form. Almost nothing is read in a normal speaking voice, with the exception of the **homily**, if one is given.

Because the human voice is seen as the most perfect instrument of praise, musical instruments (organs, guitars, etc.) are not generally used to accompany the choir.

The church has developed eight .... Tones.... Within which a chant may be set, depending on the time of the year, feast day, or other considerations of the Typikon.

There are numerous versions and styles that are acceptable and these vary a great deal between cultures. It is common, especially in the United States, for a choir to learn many different styles and to mix them, singing one response in Greek, then English, then Russian, etc.

In the Russian tradition there have been some famous composers of “unaccompanied” church music, such as Tchaikovsky .... and Rachmaninoff ....” Per Fr. Herman see Page 135 of the liturgy book that is in the pews for more information on tones.

*Master Class & Konevets Quartet Concert*



On October 1, the Konevets Quartet of St. Petersburg, Russia conducted a Master Class for Orthodox male singers at our church. Voice development, choral timbre, blend & ensemble, phrasing, breathing, harmony, and spiritual performance techniques were included in the class teachings. The Konevets Quartet is internationally recognized for their teaching, and for their harmonious sound. The participants attended class all day, then sang together at vesper services that evening. Later, the Quartet gave a concert, with selections by the class participants. Our recently retired choir director, John Sutko, was asked to sing a special song called “The Twelve Robbers” with the Quartet. We knew he had a deep voice, but John really surprised us with how really low he can sing.

**RECENT FEAST DAYS**

**TRANSFIGURATION  
AUGUST 6, 2016**

**DORMITION  
AUGUST 15,  
2016**



**BEHEADING OF JOHN  
THE BAPTIST  
AUGUST 29, 2016  
THE NEW CHURCH  
YEAR BEGINS 9-1-16**



**NATIVITY OF THE  
THEOTOKOS**



**ELEVATION OF THE CROSS**



The "0" Club hosted this year's annual convention along with FOCA members from Holy Trinity Cathedral and Archangel Michael Church. Thank

you to all who participated in any way. Over 30 people from our church either attended an event, worked on the planning, conducted the choirs for Vespers on Saturday and Sunday Liturgy, chaired a committee, stuffed envelopes, wrote articles, gave their suggestions, made phone calls, set up the chapel, served as MC, played golf, took one of the tours, baked the bread, made the raffle baskets, paid the bills, or worked the reception desk. This was also the first year of the special incorporation of the Youth/Juniors gathering that was suggested by Metropolitan Tikhon last year in Atlanta. The kids get to meet fellow OCA members from across the country in a fun filled memorable weekend.



On October 11, 2016, Fr. Herman and Matt Haak attended the Midwest Diocesan Assembly in Lansing, MI. Matt's report will be Included In the Annual Reports to be presented in February, 2017. He is thankful for the opportunity to represent our church.



Thank you to Linda & Bonnie for over-seeing our "coffee hour" all year, and to all our parishioners who took turns hosting, bringing us an array of delicious goodies.

ARMY TRAINING



The Bus from Eve Assisted Living brought Lil Gula and her friend Nadia Farra to church on 11-13-16.



Larissa Gurnic received a blessing from Fr. Herman before leaving for her Army MP training.

11/12/16 Thank you to all who participated in our Annual Pre-Lenten Parish Potluck Dinner. It was very special. This year it followed Memorial services for Vranas & Sauskojus families. Thank you to Sevasti for chairing this event.

LENTEN EASY EGGLESS MAYO

1/4 Cup Chickpeas Brine  
(from 15 oz. can of Chickpeas)  
2 Tsp. Lemon Juice  
1 Tsp. Distilled White Vinegar  
1 Tsp. Sugar  
1 Tsp. Dry Mustard  
1 Cup Vegetable Oil  
1/4 Tsp. Salt  
Combine brine, lemon juice, vinegar, sugar, mustard and salt. Process or blend until combined. Slowly drizzle oil in steady stream until thickened. Cover and refrigerate up to 2 weeks.



Prayers offered for 9/11 victims at OCA's St. Catherine Church, Moscow, Russia



Thank you to Kristy Brown for leading our Church Summer School Program.



Did you know that Oct. 29 was National Cat Day?





2016—2017  
Annual Parish Photo  
Sunday School blessing  
The Class & Their Teachers



### CALENDAR

- DEC 04—5th ANNUAL MEMORIAL CHRISTMAS TREE & ST. NICHOLAS VISIT!
- 06—SAINT NICHOLAS LITURGY
- 11—'O' CLUB TIVOLI THEATER OUTING
- 18—ANNUAL CHRISTMAS VOLKA
- 21—FIRST DAY OF WINTER
- 24—CHRISTMAS EVE VIGIL & ANOINTING
- 25—CHRISTMAS DAY LITURGY—CHRIST IS BORN!
- JAN 06—FEAST: THEOPHANY & BLESSING OF WATER
- 15—MARCH FOR LIFE CHICAGO
- 22—PAN-ORTHODOX SANCTITY OF LIFE SERVICE
- FEB 02—FEAST: MEETING OF CHRIST IN THE TEMPLE
- 12—18 FAST FREE WEEK
- 18—20 DEANERY WINTER YOUTH CAMP
- 19—ANNUAL MEETING
- 26—FORGIVENESS VESPERS/START OF GREAT LENT
- MAR 12—DAYLIGHT SAVINGS TIME BEGINS (SPRING AHEAD)
- APR 16—PASCHA (EASTER)



*Our Memorial Christmas Tree will be ready for your ornaments following liturgy on December 4th*

*St. Peter & St. Paul Orthodox Church*

ORTHODOX CHURCH IN AMERICA  
6980 S. COUNTY LINE ROAD  
BURR RIDGE, IL 60527